1. Hear my cry O Lord
   Attend unto my prayer
   From the ends of the earth
   Will I cry unto thee
   And when my heart is
   overwhelmed
   Please lead me to the rock
   That is higher than I - (2) x (1)

2. For thou hast been a shelter
   Unto me and a strong tower
   From the enemy and when my
   Heart is overwhelmed
   Please lead me the rock
   That is higher than I - (2) x (1)